



SHEILA SCHMIDT
CO-CHAIRMAN OF THE I CRIED TOO™ PROJECT
SINCE 2001

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ABOUT SHEILA SCHMIDT



Sheila Schmidt has been inspiring men, women and children on issues of faith, hope and healing since she was a teenager. After helping to start a Campus Crusade for Christ Bible club in her high school, Sheila moved in the middle of her senior year with her family and seized this opportunity to start a first ever, bible club at the high school of her new hometown in Florida, where she met her husband.

In 1992 Sheila's life changed forever. In her 10th year of marriage, Sheila's house burned. Four months later her business burned and five months later her first husband died. Soon thereafter and as a young, single widow with two children, Sheila moved to Tulsa, Oklahoma to attend Rhema Bible Training Center where she met her second husband, Jim Schmidt.

Over the years Sheila has spoken at numerous workshops and conferences for corporations, civic clubs, schools, and churches including the American Lung Association, the Put On Your Armor Foundation and the Hawaii Increase Event with Bob Harrison. Sheila speaks on topics like *Turn Your Pain into Gain*, *Who Told You That?* and *How to Live Debt Free*.

Sheila is Critical Incident Stress Management, (CISM) certified. She co-developed the I Cried Too™ grief recovery project and serves as the national chairperson for this non-profit organization. I Cried Too™ was chosen by the Pentagon as the official bereavement project of 9-11 and subsequently provides a bereavement packet for surviving children of the U.S. military casualties related to the War in Iraq. Sheila and her husband, Jim, along with their children were the Masters of Ceremonies for the Twin Towers Orphan Fund and the Toys for Tots Christmas event in New York City for the children who lost a mom or dad on 9-11.

In addition to her time as a speaker and "grief coach", Sheila is a web designer and editor serving such clients as Lorrie Medford of Life Design Nutrition, and Oilfield Christian Fellowship's holiday outreach to the homeless called Turkeys To The Rescue.

Sheila and her husband Jim, aka: "Armadillo Jim," just released a new resource, under their Golden Faith Publishing titled: *Helping Public Schools...Bridging the Gap*. The book is a community outreach tool for any church or civic organization.

Sheila's greatest love is being a wife and mother to her three children, Blake, Fiona and Sofia. She believes that a woman creates the atmosphere in a home. For more information visit www.SheilaSchmidt.com